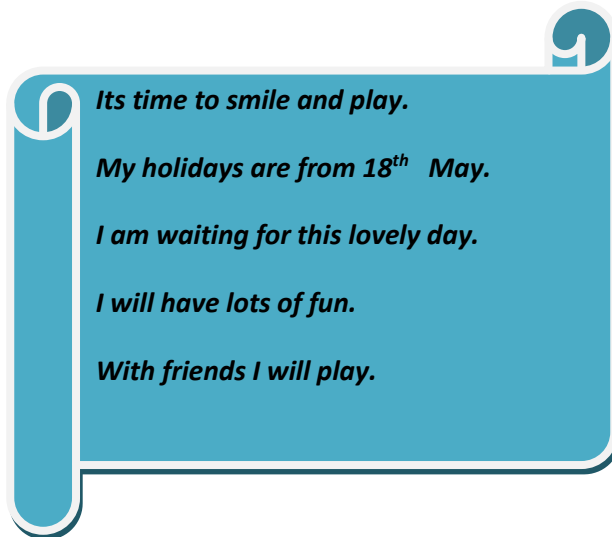




**HOLIDAYS! HOLIDAYS! HOLIDAYS!**



**Wishing you a fun filled vacation from 18 May to 30 June 2019**

**Here are few tips to follow :**

- . Fix a goal and strive hard each day to achieve it.
- . Help your mummy to keep house clean. Do small household jobs like dusting, watering the plants, laying dinner table and so on.
- . Always speak in English with your family members and friends.
- . Inculcate good manners four magic words: **PLEASE, SORRY, THANK YOU, EXCUSE ME**- use them and see the difference.
- . Go out for morning walk, talk about things you are around.

*\*Teach them the importance and hard work of farmers and ask them not to waste food.*

*\*Let them wash their own plates after every meal .Children learn dignity of labour from such activities.*

*\*LEARN five new words in English daily and list them in a notebook.*

*\*Take them to your workspot and let your child understand that you work very hard to support the family.*

*\*Gently encourage your child to raise a kitchen garden by planting seeds. Knowledge about plants and trees are an integral part of your child's growing up.*

*\*Share stories about your childhood and your family history.*

*\*Allow your child to play outdoors ,get hurt and get dirty.It's okay to fall down and experience pain once in a while .Comfortable life with sofa cushions will make your child lazy.*

**\*Avoid giving chocolates ,jellies,cream cakes,chips,aerated drinks and any bakery products like puffs and fried items like samosas.**

**\*Read English newspaper daily. Try to grasp new words and build your vocabulary.**

**\*PARENTS it is important to invest your time with kids now.**

### **IMPORTANT NOTE:**

- **Do not do the task for your child, encourage him/her to do the task independently. Help the child wherever required.**
- **Revise and learn the syllabus done in school thoroughly.**
- **Do pages 1 to 13,18,19,20 of worksheet assignment book.**
- **Take dictation (word and sentence) in Hindi and English every week in small separate notebook.**
- **Complete pages up to 17 of भाषा अभ्यास**
- **Complete pages up to 11 of Practice book.**
- **Complete pages up to 22 of Primary mathematic book.**
- **Practice making sentence in English and Hindi in small separate note book.**
- **Visit new places with your family like a water park, zoo, museum, any historical monument etc. Write few sentences on what you saw there etc. Also paste photographs of your visit to make it more interesting in small separate notebook.**
- **Learn mantras 1, 2, 3, 4 with meaning from school diary on page 28.**
- **Make a beautiful chart on pastel sheet according to your respective roll nos. from term II and III.**

<b>Roll number</b>	<b>Topic</b>
<b>1-10</b>	<b>Any topic of English book</b>
<b>11-20</b>	<b>Any topic of Hindi book</b>
<b>21-30</b>	<b>Any topic of Mathematic book</b>
<b>31-40</b>	<b>Any topic of E.V.S book</b>
<b>41 -52</b>	<b>Any topic of G.K/V.P</b>

**Prepare for Rhyme competition (30 lines)**

**Topic : Importance of books or Road safety.**



# SCREEN TIME ALTERNATIVES

The idea of finding alternative activities is to slowly take kids off the screen and shift them towards something that will build their creativity.

So to do this, first identify what your child is inclined towards and use them as alternatives to screen time!



## Alternatives to screen time

Riding a bike	Playing an instrument
Building something	Helping around the house
Growing veggies	Playing a team sport
Playing with a pet	Talking with a family member
Playing a game with a sibling	Talking with a friend
Drawing / painting	Camping
Cooking	Dress ups
Reading a book	Taking photos
Writing a story	Kicking a football / soccer ball
Illustrate a story	Playing tennis
Listening to music	Walking along the beach / park
Play with a friend	Listen to a guided Meditation
Play a board game	Playing with a parent
Sewing	Craft activities
Jumping on the trampoline	Building something with Lego
Building / creating in the garden	Creating a play / dance

# TAKE AN E-FAST AS A FAMILY



- ☒ Say hello to family time!
- ☒ Set a time limit – say 2 hours, and the entire family puts their gadgets away and go on an e-fast!
- ☒ Use this time to play, go out and spend time together!

***ENJOY YOUR HOLIDAYS & HAVE LOADS OF FUN...!!!***